

Certified Wellness Consultant - Healthy Journey



With today's fast-paced lifestyle, even being at home can be stressful or physically hazardous. It may contain industrial byproducts that are toxic or might be home to junk food, bad eating habits or too little sleep.

I consult with and educate people so they may create wellness environments for the home and office. In creating a safe-haven for the home and family, and a safe environment for the "breadwinner(s)", because these are the areas we have some control, people realize they can begin to enjoy life in balance.

Robb Finnell - <http://www.mynikken.net/bestjourney> - 1.847.359.9135

A good referral for me would be anyone that sleeps, eats, breathes, drinks, walks and would enjoy more freedom with a better quality of life.